

Indicator	Format	Target	Q1 (21-22)	Q2 (21-22)	Q3 (21-22)	Q4 (21-22)	2021/22	Definitions
No. of Referrals to the OYK Service (any route)	Number		59	133			192	Total number of referrals received into the OYK service, via any route during that time frame, with valid contact details (activity measure).
No. of referrals contacted by preferred means within 2 working days following referral	Number		57	128			185	Of the referrals received (Row 2), how many were contacted within 2 working days? E.g., although 6 referrals were received in Q1 only 3 were contacted within 2 working days (the other 3 were not contacted until 4 working days later), therefore 3 would be recorded here. Please note the other 3 cannot be rolled over to the next time frame for any reason.
% of referrals to the One You Kent Service contacted within 2 working days (any route)	Percentage	70-85%	96.6%	96.2%			96.4%	PRECALCULATED FROM Rows 2 AND 3.
No. enrolled on the programme	Number		56	55			111	
No. of individuals currently active within the One You Kent Programme (All services, Excluding Health Walks)	Number		106	101				How many individual clients were active in the OYK programme, within that time frame? Counted once within that time frame, i.e. "Bob" is counted in each quarter he is active but just once in the full year column. Those currently active, all interventions, but does not include health walks and follow up.
HEALTHY LIFESTYLE ADVISOR								
No. of individuals enrolled and seen by Your One You Kent Lifestyle Advisors	Number		35	44			79	How many individuals saw Your OYK lifestyle advisors during the time frame? Counted once within that time frame, i.e. "Bob" is counted in each quarter he is active but just once in the full year column.
No. of NEW individuals enrolled and entering the services and seen by Your One You Kent Lifestyle Advisors	Number		30	35			65	These are individuals NEW to the service that have not been seen in the last 2 years.
% of NEW individuals entering the services and seen by Your One You Kent lifestyle Advisors	Percentage	40-50%	85.7%	79.5%			82.3%	PRECALCULATED FROM Rows 8 AND 9.
No. of individuals seen by Your One You Kent Lifestyle Advisor from Quintiles 1 and 2	Number		4	7			11	Of the individuals seeing a OYK advisor (Row 8) how many were from Quintiles 1 & 2? Same individual count rules as above.
% of individuals seen by Your One You Kent Lifestyle Advisor from Quintiles 1 and 2	Percentage	Local Data	11.4%	15.9%			13.9%	PRECALCULATED FROM Rows 8 AND 11.
LIFESTYLE INTERVENTIONS								
No. of Health MOTs offered	Number		0	0			0	
No. of Health MOTs taken up	Number		0	0			0	
No. of brief intervention on diet	Number		18	15			33	
% of brief intervention on diet	Percentage	90%	94.7%	100.0%				Manually Insert (%)
No. identified as medium to high risk drinkers from Audit C Score	Number		1	4			5	How many individuals, who completed an Audit C at enrolment, identified as a medium or high risk drinker and received a brief intervention in the stated time frame? Counted once per time frame.
No. of eligible individuals who received brief intervention on alcohol (Adult Score identified as medium to high risk drinkers)	Number		1	4			5	
% of eligible individuals who received brief intervention on alcohol	Percentage	90%	100.0%	100.0%				Manually Insert (%)
No. of eligible individuals who received extended brief intervention on alcohol	Number		0	0			0	"Extended" - TO BE DEFINED.
% of individuals who received extended brief intervention on alcohol	Percentage		0.0%	0.0%			0.0%	PRECALCULATED FROM Rows 18 AND 21.
No. enrolled and identified to complete a SWEMWBS	Number		18	12			30	
No. of individuals who received brief intervention on wellbeing	Number		15	5			20	How many of those completing a SWEMWBS at sign up received a brief intervention on wellbeing? Counted once per time frame.
% of individuals who received brief intervention on wellbeing	Percentage	90%	83.3%	41.7%			66.7%	PRECALCULATED FROM Rows 23 AND 24.
No. of eligible participants in lifestyle that set a goal around physical activity	Number		11	9			20	How many individuals sets a goal around physical activity during the time frame? Counted once per time frame. GPAQ.
% of eligible participants that set a goal around physical activity	Percentage	50%	57.9%	64.3%				Manually insert (%)
No. of individuals successfully contacted for 26 week follow up lifestyle Advisor	Number		3				3	How many individuals were successfully contacted for their 26 week follow up, during the time frame where the 26 week fell within the time frame? Counted once per time frame.
No. of individuals responding that they have achieved their exit goal - at 26 week follow up lifestyle Advisor	Number		0				0	How many individuals from Row 28 reported that they had achieved their exit goal? Counted once per time frame.

BELOW IS OF ACTIVE CLIENTS (N.B. THIS DOES NOT INCLUDE FOLLOW UP)							
No. of participants from Quintiles 1 & 2 in any services in One You Kent	Number		10	14			24
% of participants from Quintiles 1 & 2 in any services in One You Kent	Percentage	Local Data	9.4%	13.9%			
No. of Black Asian Minority and Ethnic (BAME) Participants engaged in Weight Management Programme	Number		2	6			8
% of Black Asian and Minority and Ethnic (BAME) Participants in Weight Management Programme	Percentage		16.7%	33.3%			26.7%
No. of Male Participants in Weight Management Programme	Number		8	7			15
% of Male Participants in Weight Management Programme	Percentage		66.7%	38.9%			50.0%
No. of Participants with Learning Disabilities engaged in any service	Number		1	1			2
% of Participants with a Learning Disability in any service (Lifestyle Advisor and Weight Management Group)	Percentage		8.3%	5.6%			6.7%
No. of Health Walk Routes available	Number		0	0			0
No. of Health Walks Delivered	Number		0	0			0
No. of Health Walks attendances	Number		0	0			0
No. of individuals attended Health Walks (Annually)	Number						
ADULT TIER 2 WEIGHT MANAGEMENT PROGRAMME							
NICE Guideline PH53 https://www.nice.org.uk/guidance/ph53 . Are multi-component that is, they address dietary intake, physical activity levels and behaviour change. Are developed by a multidisciplinary team. This includes input from a registered dietitian, ensure supervised physical activity sessions are led by an appropriately qualified physical activity instructor and take into account any medical conditions people may have. Instructors should be on the Register of Exercise Professionals (or equivalent) at level 3 or above, registered practitioner psychologist and a qualified physical activity instructor.							
No. of referrals received by the Provider for the Tier 2 WMP	Number		32	20			52
No. enrolled on the Tier 2 Weight loss Programme	Number		12	19			31
No. enrolled in the Tier 2 WMP who meet the baseline eligibility criteria	Number		12	19			31
% enrolled in the service who meet, as a baseline the eligibility criteria	Percentage		100.0%	100.0%			100.0%
No. of NEW individuals entering the weight loss programme	Number		10	15			25
No. from Quintiles 1 and 2	Number		0	3			3
% from Quintiles 1 and 2	Percentage		0.0%	15.8%			9.7%
No. from Target Group (BAME/Males/LD)	Number		3	3			6
% from Target Group (BAME/Males/LD) Combined Target	Percentage	%TBC	25.0%	15.8%			19.4%
No. of Individuals (Participants) that attend at least one group session	Number		12	18			30
No. of Participants that complete the Weight Loss Programme (12 week Programme)	Number		8				8
% of Participants that complete an active intervention (12 week programme)	Percentage	60%	66.7%	0.0%			26.7%
No. of Participants that have lost weight at the end of the active intervention (12 week Programme)	Number		10				10
% of Participants that have lost weight at the end of the active intervention (12 week programme)	Percentage	75%	83.3%	0.0%			33.3%
No. of Participants who have lost weight (<3%) at the end of the active Intervention (12 week programme)	Number		5				5
% of Participants who have lost weight (<3%) at the end of the active Intervention (12 week programme)	Percentage		41.7%	0.0%			16.7%
No. of Participants who have lost weight (3-4.9%) at the end of the active Intervention (12 week programme)	Number		3				3
% of Participants who have lost weight (3-4.9%) at the end of the active Intervention (12 week programme)	Percentage		25.0%	0.0%			10.0%
No. of Participants that lose 5% of their baseline body weight at the end of the active intervention (12 week programme)	Number		2				2
% of Participants that lose 5% of their baseline body weight at the end of the active intervention (12 week Programme)	Percentage		16.7%	0.0%			6.7%
No. of completers that lose 5% of their baseline body weight end of active intervention (12 week programme)	Number		2				2
% of completers that lose 5% of their baseline body weight end of active intervention (12 week programme)	Percentage	50%	25.0%				25.0%
No. of completers invited to provide feedback at the end of an active intervention (12 week Programme)	Number		3				3
% of completers invited to provide feedback at the end of an active intervention (12 week Programme)	Percentage	100%	37.5%				37.5%
No. of completers followed up at 26 weeks who have provided a weight measure	Number		3				3
% of completers followed up at 26 weeks (where weight was collected)	Percentage	35%	37.5%				37.5%
No. of completers followed up at 52 weeks who have provided a weight measure	Number						0
% of completers followed up at 52 weeks who have provided a weight measure	Percentage	20%	0.0%				0.0%
No. of completers followed up at 52 weeks that have a body weight that is lower than their baseline (initial) body weight	Number						0
% of completers followed up at 52 weeks that have a body weight that is lower than their baseline (initial) body weight (baseline)	Percentage						Manually insert (%)
No. of completers followed up at 52 weeks that have maintained/increased their activity levels from baseline at the end of intervention	Number						0
% of completers followed up at 52 weeks that have maintained/increased their activity levels from baseline at the end of intervention	Percentage		0.0%	0.0%			0.0%

WAIST MEASUREMENT METRIC							
No. of Participants that provide a waist measurement	Number		11	19		30	Number of Participants that provided a waist measurement (First session)
No. of Participants that provide a waist measurement that are found to be Very High Risk (at start of 12 week programme)	Number		11	19		30	VERY HIGH RISK Men: >=102 cm [40 in] Women: >=88cm [34in]] (First session)
% baseline measurement -Very High risk	Percentage		100.0%	100.0%		100.0%	PRECALCULATED FROM Rows 77 AND 78 (First session)
No. of Participants providing a waist measurement that are found to be High Risk (start of 12 week programme)	Number		0	0		0	HIGH RISK Men: >=94 cm [37 in] South Asian Men: >=90 cm [35 in] Women: >=80cm [31.5in] (First session)
% baseline measurement - High risk	Percentage		0.0%	0.0%		0.0%	PRECALCULATED FROM Rows 77 AND 80 (First session)
No. of Participants reduce their WC by 8-9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Number		0			0	VERY HIGH RISK (As a minimum KCC suggest monthly recording as acknowledge people drop out, but if people want to provide a weekly measure or more regularly measurement than monthly which best suits them that will be fine)
% of Participants that reduce their WC by 8-9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Percentage		0.0%	0.0%		0.0%	PRECALCULATED FROM Rows 78 AND 82
No. of completers that reduce their WC by 8-9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Number		6			6	VERY HIGH RISK (As a minimum KCC suggest monthly recording as acknowledge people drop out, but if people want to provide a weekly measure or more regularly measurement than monthly which best suits them that will be fine)
% of completers that reduce their WC by 8-9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Percentage		54.5%	0.0%		20.0%	PRECALCULATED FROM Rows 78 AND 84
No. of Participants that reduce their WC by 8-9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Number		0			0	HIGH RISK (As a minimum KCC suggest monthly recording as acknowledge people drop out, but if people want to provide a weekly measure or more regularly measurement than monthly which best suits them that will be fine)
% of Participants that reduce their WC by 8-9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Percentage						PRECALCULATED FROM Rows 80 AND 86
No. of completers that reduce their WC by 8-9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Number		0			0	HIGH RISK (As a minimum KCC suggest monthly recording as acknowledge people drop out, but if people want to provide a weekly measure or more regularly measurement than monthly which best suits them that will be fine)
% of completers that reduce their WC by 8-9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Percentage						PRECALCULATED FROM Rows 80 AND 88
SERVICE SATISFACTION: LIFESTYLE & WEIGHT LOSS (ALL SERVICES)							
No. of Clients successfully contacted (followed up at 26 weeks)	Number		10	0		10	How many individuals were successfully contacted for their 26 week follow up, having been on a pathway, during the time frame where the 26 week period fell within the time frame? Counted once per time frame.
No. of Clients that have improved/maintained goals (at 26 week follow up)	Number		5	0		5	How many individuals reported that they had improved or maintained goals at 26 weeks? Counted once per time frame.
No. of Clients who are followed up at the end of their intervention 10% (inc. at least 5% of survey responses from subcontractors if applicable)	Number		13	19		32	How many individuals who had been engaged in the OYK service were followed up at the end of their intervention (Target 10%)
No. of Clients who are followed up at the end of their intervention who were satisfied or very satisfied with the service received	Number		13	19		32	Number of those followed up/surveyed who reported being satisfied or very satisfied with the service they received.
% satisfied or very satisfied	Percentage	90-95%	100.0%	100.0%		100.0%	PRECALCULATED FROM Rows 94 AND 93.

COLOUR CODING	
PHE Guidance	<p>Key Performance Indicators: Tier 2 Weight Management Services for Adults</p> <p>The KPIs proposed in this document are intended to be used in conjunction with a service commissioned and delivered in line with the Public Health England (PHE) Guide to Delivering and Commissioning Tier 2 Adult Weight Management Services.</p>
NICE Guidelines	<p>National Institute for Health and Care Excellence (2014) Clinical Guideline 189: Obesity: identification, assessment and management. Available at: https://www.nice.org.uk/guidance/sg189</p> <p>National Institute for Health and Care Excellence (2016) Quality Standard 111: Obesity in adults: prevention and lifestyle weight management programmes. Available at: https://www.nice.org.uk/guidance/qs111</p> <p>National Institute for Health and Care Excellence (2012) Public Health Guideline: Obesity: working with local communities. Available at: https://www.nice.org.uk/guidance/ph42</p> <p>National Institute for Health and Care Excellence (2014) Public Health Guideline S3: Weight management: lifestyle services for overweight or obese adults. Available at: https://www.nice.org.uk/guidance/ph53</p> <p>National Institute for Health and Care Excellence (2013) Public Health Guideline 46: BMI: Preventing ill health and premature death in black, Asian and other minority ethnic groups. Available at: https://www.nice.org.uk/guidance/ph46</p>
Evidenced Based Measure	
Emerging Evidence and Best Practice	
Local Data (PH Fingertips)	<p>Public Health England, Fingertips: a web platform that provides easy access to in-depth analysis of a wide range of health and health related data in thematic profiles. Available at: https://fingertips.phe.org.uk/</p>
Notes & Definitions	<p>In some cases KPI are based on both NICE, PHE and other best practice guidelines. Tools such as Public Health England (PHE) Fingertips, used alongside Kent Joint Strategic Needs Assessment (JSNA) helped to determine our population need of tier 2 weight management services. The Fingertips Profiles are a source of indicators across a range of health and wellbeing themes designed to support our JSNA and commissioning, to improve health and wellbeing and reduce inequalities</p> <p>NHS Diabetes Prevention Programme and Weight Management Services: Eligibility Criteria. Available at: https://www.england.nhs.uk/wp-content/uploads/2016/07/dpp-wm-service.pdf</p> <p>Enrolled = Sign-Ups.</p> <p>Participants = Attended at least one active session. Previously "Engagers", "Participants" is the correct PHE term.</p>

Indicator	Format	Target	Q1 (21–22)	Q2 (21–22)	Q3 (21–22)	Q4 (21–22)	2021/22	Definitions
ADULT TIER 2, One to One WEIGHT MANAGEMENT PROGRAMME								NICE Guideline PH53 https://www.nice.org.uk/guidance/ph53 . Are multi-component that is, they address dietary intake, physical activity levels and behaviour change. Are developed by a multidisciplinary team. This includes input from a registered dietitian, ensure supervised physical activity sessions are led by an appropriately qualified physical activity instructor and take into account any medical conditions people may have. Instructors should be on the Register of Exercise Professionals (or equivalent) at level 3 or above, registered practitioner psychologist and a qualified physical activity instructor.
No. enrolled on the Tier 2 121 Weight loss Programme	Number		19	22			41	Individual has been referred or self-referred to the service and has been booked onto the Tier 2 121 WMP by the provider.
No. enrolled in the Tier 2 121 WMP who meet the baseline eligibility criteria	Number		15	10			25	Eligibly Criteria (individuals are not classified as participants yet as they have not stated the WMP).
% enrolled in the service who meet, as a baseline the eligibility criteria	Percentage		78.9%	45.5%			61.0%	PRECALCULATED FROM Rows 4 AND 3.
No. of NEW individuals entering the weight loss programme	Number		17	17			34	These are individuals NEW to the service that have not been seen in the last 18 months to 24 months.
No. from Quintiles 1 and 2	Number		3	3			6	
% from Quintiles 1 and 2	Percentage		15.8%	13.6%			14.6%	PRECALCULATED FROM Rows 7 AND 3.
No. from Target Group (BAME/Males/LD)	Number		3	2			5	
% from Target Group (BAME/Males/LD) Combined Target	Percentage	%TBC	15.8%	9.1%			12.2%	PRECALCULATED FROM Rows 9 AND ROW 3.
No. of Individuals (Participants) that attend at least one 121 session	Number		19	17			36	A participant is someone who has attended at least on or more active group session.
No. of Participants that complete the Weight Loss Programme (12 week Programme)	Number		6	1			7	Complete. Attendance of at least 75% of all active sessions during the programme (At least 8 active sessions of the 12 week group programme).
% of Participants that complete an active intervention (12 week programme)	Percentage	60%	31.6%	5.9%			19.4%	PRECALCULATED FROM Rows 12 AND 11. From those who attend at least one or WMP active group session (last observation taken).
No. of Participants that have lost weight at the end of the active intervention (12 week Programme)	Number		14	2			16	How many participants attended at least one session during the time period? Counted once per time frame e.g. counted once in the quarter.
% of Participants that have lost weight at the end of the active intervention (12 week programme)	Percentage	75%	73.7%	11.8%			44.4%	PRECALCULATED FROM Rows 14 AND 11. Calculated from no. of participants who attended at least one WMP active session and no. of participants who have lost weight at the end of active intervention (within the 12-week programme) (last observation taken).
No. of Participants who have lost weight (<3%) at the end of the active Intervention (12 week programme)	Number		8	2			10	How many participants lost between 0 and 2.94% of their weight at 12 weeks, where that 12 week period occurred within the specific time frame, based on when the last weight was taken? Counted only once per time frame.
% of Participants who have lost weight (<3%) at the end of the active Intervention (12 week programme)	Percentage		42.1%	11.8%			27.8%	PRECALCULATED FROM Rows 16 AND 11. Calculated from no. of participants who attended at least one WMP active session and no. of participants who have lost weight at the end of active intervention (within the 12-week programme) (last observation taken).
No. of Participants who have lost weight (3–4.9%) at the end of the active Intervention (12 week programme)	Number		1	0			1	How many participants lost between 3 and 4.94% of their weight at 12 weeks, where that 12 week period occurred within the specific time frame, based on when the last weight was taken? Counted only once per time frame.
% of Participants who have lost weight (3–4.9%) at the end of the active Intervention (12 week programme)	Percentage		5.3%	0.0%			2.8%	PRECALCULATED FROM Rows 18 AND 11. Counted only once per time frame.
No. of Participants that lose 5% of their baseline body weight at the end of the active intervention (12 week programme)	Number		5	0			5	How many participants lost 5%+ of their weight at 12 weeks, where that 12 week period occurred within the specific time frame, based on when the last weight was taken? Counted only once per time frame.
% of Participants that lose 5% of their baseline body weight at the end of the active intervention (12 week Programme)	Percentage		26.3%	0.0%			13.9%	PRECALCULATED FROM Rows 20 AND 11. Counted only once per time frame.
No. of completers that lose 5% of their baseline body weight end of active intervention (12 week programme)	Number		4	0			4	How many participants completed (attended 75% of the 12 weeks, i.e. 8 out 12 sessions) and lost 5% of their baseline weight at 12 weeks, where that 12 week period occurred within the specific time frame, based on the when the last weight was taken? Counted only once per time frame.
% of completers that lose 5% of their baseline body weight end of active intervention (12 week programme)	Percentage	50%	66.7%	0.0%			57.1%	PRECALCULATED FROM Rows 22 AND 12. Calculated from no. that complete the weight loss programme and the no. of completers that have lost 5%+ of baseline body weight .
No. of completers invited to provide feedback at the end of an active intervention (12 week Programme)	Number		0	0			0	All participants should be invited to feedback; route can include a range of different communication methods to contact the participant, e.g., letter, phone calls, email, text message or use of social media networks.
% of completers invited to provide feedback at the end of an active intervention (12 week Programme)	Percentage	100%	0.0%	0.0%			0.0%	PRECALCULATED FROM Rows 24 AND 12. Calculated from no. that complete the weight loss programme and the no. of participants invited to provide feedback at the end of active intervention (within the 12-week WMP).
No. of completers followed up at 26 weeks who have provided a weight measure	Number		1				1	
% of completers followed up at 26 weeks (where weight was collected)	Percentage	35%	16.7%	0.0%			14.3%	PRECALCULATED FROM Rows 26 AND 12. Calculated from no. of completers and no. of completers followed up at 26 weeks.
No. of completers followed up at 52 weeks who have provided a weight measure	Number						0	
% of completers followed up at 52 weeks who have provided a weight measure	Percentage	20%	0.0%				0.0%	PRECALCULATED FROM Rows 28 AND 26. Calculated from the no. of completes followed up at 26 weeks and completes followed up at 52 weeks (Guidance suggests 20%).
No. of completers followed up at 52 weeks that have a body weight that is lower than their baseline (initial) body weight	Number						0	
% of completers followed up at 52 weeks that have a body weight that is lower than their baseline (initial) body weight (baseline)	Percentage							Manually Insert (%)
No. of completers followed up at 52 weeks that have maintained/increased their activity levels from baseline at the end of intervention	Number						0	
% of completers followed up at 52 weeks that have maintained/increased their activity levels from baseline at the end of intervention	Percentage							Manually Insert (%)

WAIST MEASUREMENT METRIC								
No. of Participants that provide a waist measurement	Number		13	16			29	Number of Participants that provided a waist measurement (First session)
No. of Participants that provide a waist measurement that are found to be Very High Risk (at start of 12 week programme)	Number		10	12			22	VERY HIGH RISK Men: >=102 cm [40 in] Women: >=88cm [34in]) (First session)
% baseline measurement -Very High risk	Percentage		76.9%	75.0%			75.9%	PRECALCULATED FROM Rows 36 AND 35 (First session)
No. of Participants providing a waist measurement that are found to be High Risk (start of 12 week programme)	Number		3	4			7	HIGH RISK Men: >=94 cm [37 in] South Asian Men: >=90 cm [35 in] Women: >=80cm [31.5in] (First session)
% baseline measurement - High risk	Percentage		23.1%	25.0%			24.1%	PRECALCULATED FROM Rows 38 AND 35 (First session)
No. of Participants reduce their WC by 8–9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Number		0	0			0	VERY HIGH RISK (As a minimum KCC suggest monthly recording as acknowledge people drop out, but if people want to provide a weekly measure or more regularly measurement than monthly which best suits them that will be fine)
% of Participants that reduce their WC by 8–9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Percentage		0.0%	0.0%			0.0%	PRECALCULATED FROM Rows 40 AND 36
No. of completers that reduce their WC by 8–9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Number		1	0			1	VERY HIGH RISK (As a minimum KCC suggest monthly recording as acknowledge people drop out, but if people want to provide a weekly measure or more regularly measurement than monthly which best suits them that will be fine)
% of completers that reduce their WC by 8–9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Percentage		10.0%	0.0%			4.5%	PRECALCULATED FROM Rows 42 AND 36
No. of Participants that reduce their WC by 8–9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Number		0	0			0	HIGH RISK (As a minimum KCC suggest monthly recording as acknowledge people drop out, but if people want to provide a weekly measure or more regularly measurement than monthly which best suits them that will be fine)
% of Participants that reduce their WC by 8–9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Percentage		0.0%	0.0%			0.0%	PRECALCULATED FROM Rows 44 AND 38
No. of completers that reduce their WC by 8–9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Number		0	0			0	HIGH RISK (As a minimum KCC suggest monthly recording as acknowledge people drop out, but if people want to provide a weekly measure or more regularly measurement than monthly which best suits them that will be fine)
% of completers that reduce their WC by 8–9% of their baseline WC measure at the end of the active intervention (12 week Programme)	Percentage		0.0%	0.0%			0.0%	PRECALCULATED FROM Rows 46 AND 38
SERVICE SATISFACTION: LIFESTYLE & WEIGHT LOSS (ALL SERVICES)								
% satisfied or very satisfied	Percentage		90–95%					Manually Insert (%)

COLOUR CODING	
PHE Guidance	<p>Key Performance Indicators: Tier 2 Weight Management Services for Adults</p> <p>The KPIs proposed in this document are intended to be used in conjunction with a service commissioned and delivered in line with the Public Health England (PHE) Guide to Delivering and Commissioning Tier 2 Adult Weight Management Services.</p>
NICE Guidelines	<p>National Institute for Health and Care Excellence (2014) Clinical Guideline 189: Obesity: identification, assessment and management. Available at: https://www.nice.org.uk/guidance/cg189</p> <p>National Institute for Health and Care Excellence (2016) Quality Standard 111: Obesity in adults: prevention and lifestyle weight management programmes. Available at: https://www.nice.org.uk/guidance/qs111</p> <p>National Institute for Health and Care Excellence (2012) Public Health Guideline: Obesity: working with local communities. Available at: https://www.nice.org.uk/guidance/ph42</p> <p>National Institute for Health and Care Excellence (2014) Public Health Guideline 53: Weight management: lifestyle services for overweight or obese adults. Available at: https://www.nice.org.uk/guidance/ph53</p> <p>National Institute for Health and Care Excellence (2013) Public Health Guideline 46: BMI: Preventing ill health and premature death in black, Asian and other minority ethnic groups. Available at: https://www.nice.org.uk/guidance/ph46</p>
Evidenced Based Measure	
Emerging Evidence and Best Practice	
Local Data (PH Fingertips)	Public Health England, Fingertips: a web platform that provides easy access to in-depth analysis of a wide range of health and health related data in thematic profiles. Available at: https://fingertips.phe.org.uk/
Notes & Definitions	<p>In some cases KPI are based on both NICE, PHE and other best practice guidelines. Tools such as Public Health England (PHE) Fingertips, used alongside Kent Joint Strategic Needs Assessment (JSNA) helped to determine our population need of tier 2 weight management services. The Fingertips Profiles are a source of indicators across a range of health and wellbeing themes designed to support our JSNA and commissioning, to improve health and wellbeing and reduce inequalities</p> <p>NHS Diabetes Prevention Programme and Weight Management Services: Eligibility Criteria. Available at: https://www.england.nhs.uk/wp-content/uploads/2016/07/dpp-wm-service.pdf</p> <p>Enrolled = Sign-Ups.</p> <p>Participants = Attended at least one active session. Previously "Engagers", "Participants" is the correct PHE term.</p>