

DRAFT SEVENOAKS DISTRICT HEALTH AND WELLBEING ACTION PLAN 2019-2022

Housing and Health Advisory Committee - 26 November 2019

Report of Chief Officer People & Places

Status For Consideration

Also considered by Cabinet - 5 December 2019

Key Decision No

Executive Summary: The Sevenoaks District Health and Wellbeing Action Plan sets out objectives and actions that will help to reduce health inequalities and improve the health and wellbeing of residents across the District.

This report supports the Key Aim of reducing health inequalities and improve health and wellbeing for all

Portfolio Holder Cllr. Robert Piper, Housing & Health

Contact Officer Hayley Brooks, Ext. 7272

Recommendation to Housing and Health Advisory Committee: That Members recommended to Cabinet that the Action Plan is agreed and adopted.

Recommendation to Cabinet: That the Sevenoaks District Health and Wellbeing Action Plan is agreed and adopted.

Reason for recommendation: Adoption of the Action Plan will assist the Council to work with partners to deliver actions to improve the health and wellbeing of residents and reduce health inequalities.

Introduction and Background

- 1 Public Health England sets out indicators across a range of health and wellbeing themes designed to support local delivery of health and wellbeing priorities, as required within the Health & Social Care Act 2012. At the local level in Kent, the responsibility for public health function sets with Kent County Council.
- 2 District Councils in Kent have been asked to lead on the production of a local action plan that can demonstrate how the County-wide objectives can be delivered locally. The draft Sevenoaks District Health and Wellbeing Action Plan is set out at Appendix A.

- 3 This updated Action Plan, builds on work of the previous Sevenoaks District Health Inequalities Action Plan (2015-2018) and is delivered and monitored through the Health Action Team partnership group. The Action Plan aims to deliver targeted actions amongst the healthy communities' priorities in the Sevenoaks District Community Plan.
- 4 Over the last nine years, this Council has worked in partnership with Public Health at Kent County Council, who fund us to deliver a range of health and wellbeing preventative programmes. This work forms part of the One You Health Team and Advisers. Programmes include holistic assessments with customers, on healthy lifestyle behaviours and the wider determinants of health (such as housing, debt, isolation, wellbeing) and targeted community interventions such as health walks and weight management programmes.

Sevenoaks District Health Overview

- 5 The 2018 Sevenoaks District Health Profile set out the key health priorities for the Sevenoaks District:
 - There is a significant difference in life expectancy between the most deprived and most affluent wards (3.3 years lower for men and 2.2 years lower for women).
 - The District has a high prevalence of long term conditions affecting residents such as: hypertension, diabetes and asthma.
 - Although Sevenoaks District is generally better than the England health averages, around 12% of children live in low income families.
 - House prices are 17 times higher than average wages, contributing to breaking up of families, who cannot afford to remain in the District and increasing isolation and loneliness in older people.
 - 14% of year 6 children in the District are classified as obese and with 54.7% of adults being classed as overweight or obese.
 - An estimated 20.5% of adults smoke, who work in routine and manual occupations.
 - Emergency hospital admissions (per 100,000) due to falls, for those 65 and over, is the third highest in Kent and above the national average.
 - The diagnosis rates for diabetes (aged 17+) and dementia (aged 65+) are significantly worse than the England average.

Sevenoaks District Health and Wellbeing Action Plan

- 6 The key achievements over the last three years, by this Council and its partners, have been detailed at page 12 of the Action Plan at Appendix A.

Partners will continue to work together as part of the Health Action Team partners to deliver key actions based on the priorities in the Action Plan.

- 7 The Action Plan provides a framework and tools to identify, analyse and evaluate actions that can contribute to improving health and wellbeing in the District. The actions are delivered through a partnership approach with Kent County Council and local voluntary sector and community organisations.
- 8 The Action Plan sets out six objectives and actions to reduce health inequalities across the District:
 - Give every child the best start in life
 - Everyone to maximise their capabilities and have control over their lives (all children, young people and adults)
 - Create fair employment and good work for all
 - Ensure a healthy standard of living for all
 - Create and develop healthy and sustainable places and communities
 - Strengthen the role and impact of ill health prevention

Key Implications

Financial

- 9 Sevenoaks District Council received £123,900.42 in 2019/20 from Kent County Council to deliver the One You Kent service and targeted community health and wellbeing projects. It is expected that this annual funding will continue through the proactive partnership working with North and West Kent District Councils, including Sevenoaks District.

Legal Implications and Risk Assessment Statement.

- 10 There are no legal implications relating to this report.

Equality Assessment

- 11 No decision is required as part of this paper and therefore no perceived impact on end users.

Conclusions

Members are asked to consider the attached draft Sevenoaks District Health and Wellbeing Action Plan to recommend for it to be adopted by Cabinet.

Appendices

Appendix A - Draft Sevenoaks District Health and Wellbeing
Action Plan 2019-2022

Background Papers

[Sevenoaks District Community Plan](https://www.sevenoaks.gov.uk/info/20026/your_community/290/community_plan) -

https://www.sevenoaks.gov.uk/info/20026/your_community/290/community_plan

[Sevenoaks District Health Inequalities Action Plan 2015-19](https://www.sevenoaks.gov.uk/directory_record/3/health_inequalities_action_plan) -

https://www.sevenoaks.gov.uk/directory_record/3/health_inequalities_action_plan

Lesley Bowles

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