

UPDATE ON GP PILOT - 'ONE YOU YOUR HOME' PROJECT

Health Liaison Board - 23 May 2018

Report of Chief Officer Communities & Business

Status For Information

Key Decision No

Executive Summary: This report updates Members on this Council's involvement in the One You Your Home Project

This report supports the Key Aim of providing the right support at the right time, reducing health inequalities and improving health and wellbeing for all

Portfolio Holder Cllr. Michelle Lowe

Contact Officers Hayley Brooks, Ext. 7272

Anton Tavernier-Gustave, Ext. 7121

Recommendation to Health Liaison Board: That the report be noted.

Reason for recommendation: This Council has developed a new pilot project with three local GP surgeries, in partnership with Age UK and funded by this Council's allocation of the Better Care Fund. The project aims to support residents, identified by health professionals, with non-medical issues such as the need for home adaptations and equipment, help with housing and financial issues and healthy lifestyle behaviours.

Introduction and Background

1 The Government's Better Care Fund (BCF) is one of the most ambitious programmes across the NHS and local government to date. It creates a local budget to encourage the NHS and local government to work more closely together, placing people's wellbeing as the focus of health and care services. Actions delivered as part of the BCF aim to achieve at least one of the core principles to:

- Reduce or eliminate hospital admissions;
- Allow a speedier discharge from hospital;
- Consider long term needs of individuals and reduce associated treatment and social care costs;

- Undertake works, adaptations or provision of equipment to support that is not provided by any other service.
- 2 Nationally the ageing population is set to increase with the number of people over 65 to increase by 37% by 2036 and the number of people over 85 in Sevenoaks District is forecast to rise by 21.1% by 2020. It is therefore essential this Council works with key partners to support people to remain independent in their own homes and to make healthier lifestyle choices.
 - 3 Supporting people who are lonely can have a massive impact on improving health and wellbeing, as well as reducing demand on health and social care services. A national poll as part of the 'Campaign to End Loneliness' found that one in every ten patients seen by GPs daily are affected by loneliness. The Age UK evidence review in 2014 showed that lonely people are more likely to visit their GP, have higher incidence of falls, use accident and emergency services and have increased risk factors for needing long term care.
 - 4 In 2016, Public Health England launched the national 'One You' campaign. One You aims to encourage adults to take control of their health and supports them to make positive changes to their lifestyle behaviours.
 - 5 'One You Your Home' extends the One You service model and utilises funding from this Council's Better Care Fund provided by Government to employ specialist advisers with Age UK Sevenoaks & Tonbridge to work with older people in Sevenoaks District, identified by GPs, as needed non-medical tailored support through home and lifestyle assessments.

Sevenoaks District One You Your Home Project

- 6 This pilot project commenced in January 2018, for an initial one year period. Two 'One You Your Home' Advisers have been employed to work in two GP surgeries in the District. The Advisers support health professionals by addressing non-medical issues for residents identified as being most in need of this service.
- 7 These Advisers focus on improving the home environment as well as providing links to local community activities to reduce isolation. This work provides holistic home and lifestyle assessments, which include: the need for home adaptations and specialist equipment; sourcing local support and community groups; referring for housing and financial advice; as well as carrying out One You lifestyle and wellbeing assessments.
- 8 The project provides a single point of contact to work with an individual to address issues relating to wider health determinants and social isolation. This work provides support across district council services and using this Council's strong partnership links to refer to others for specialist and localised support, all of which can have a positive impact to improving health and wellbeing longer term.
- 9 The aims of the One You Your Home Pilot is to:

- Reduce time spent visiting a GP;
- Reduce the number of calls to the surgery & attendances at A&E;
- Reduce loneliness and isolation, supporting residents to access appropriate local services;
- Undertaking preventative activities reducing future demands on health and social care services;
- Target this Council's Disabled Facilities Grants (DFG) for residents in need of home adaptations and specialist equipment. This promotes independence living, ensuring the home environment is safe and secure.

10 Members will be updated at the meeting with a presentation on this Project.

Key Implications

Financial

- 11 This Council receives an annual Better Care Fund grant from Government to deliver targeted services to achieve the outcomes of the BCF core principles, as set out in paragraph 1 above. This Council has allocated £113,000 of the BCF to this Pilot to fund Age UK Advisers, resources and equipment.
- 12 Further partnership funding and other external funding options are being explored to continue this work after the pilot project, if required based on the outcomes achieved.

Legal Implications and Risk Assessment Statement

- 13 There are no legal implications for the Council associated with this report.

Equality Assessment

- 14 The decisions recommended through this paper have a remote or low relevance to the substance of the Equality Act. There is no perceived impact on end users.

Conclusions

- 15 To update Members on this Council's work to deliver a GP Pilot Project, One You Your Home, delivered in partnership with Age UK Sevenoaks & Tonbridge and funded through this Council's allocation of the Government's Better Care Fund. The project provides holistic home and lifestyle assessments for targeted residents, identified by health professionals within GP surgeries, to improve health and wellbeing longer term.

Appendices

Appendix A - Equalities Impact Assessment

Background Papers

[DCN Kings Fund Report 'The district council contribution to public health'](#)

[Sevenoaks District Health Deal](#)

[National One You Campaign](#)

[Sevenoaks District One You Service](#)

Lesley Bowles
Chief Officer Communities & Business