Dementia Friendly Communities in Sevenoaks District

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Dementia - The Facts

25% rise in 65+ with dementia by 2020

UK: 850,000 with dementia, rise to over 1 million by 2025

UK: 1 in 5 with dementia (over 65’s)

UK: 40,000 younger people have dementia (under 65’s)

UK: 2020 - 35% will be over 50
2029 - 40%

Kent: two thirds with dementia live in their own home

Kent: 9,100 diagnosed with dementia, 20,000 undiagnosed

UK: 40,000 younger people have dementia (under 65’s)
Local Government Association

5 key areas identified by people with dementia which make a difference:

- Physical Environment
- Local Facilities
- Support Services
- Social Networks
- Local Groups

‘Four Cornerstones Model’ for local authorities
These slides show the numbers of people attending Dementia Friend’s sessions in Kent (It does not include those completing online)

Across Kent we have an approx. ratio of 1 dementia Friend to 135 Residents
Below shows a rough estimate for each of our districts, the next slide shows the ratio within postcode areas. Which highlights those areas which may need targeting going forward

In Kent so far:
10 Areas Registered as Dementia Friendly Communities
11 Dementia Action Alliances
13 local sub forums /communities
Dementia - Difficulties Experienced

• Problems navigating in complex or confusing environments

• Difficulties in communicating clearly

• Problems remembering what they are doing

• Problems handling money
Small Changes Make a Big Difference

- Staff awareness training
- Clear internal and external signage
- Quiet space
- Consistent lighting
- Non-gloss and flush flooring
- Adequate seating
- Contrasting colours
- Easy to find facilities (ie toilets, exit etc.)
- Clear walkways
Work Progressed to date:

Since 2014:

• Three Dementia Friendly Forums: Sevenoaks Area, West Kent and Swanley - local partners, residents, carers, support agencies
• Dementia Friendly Campaigns and Events (GP’s)
• Delivered two consultative events - understanding dementia and local areas
• Community awareness events
• Darent Valley Hospital Dementia Buddy Scheme
• Carer Support Groups (Swanley)
• Six new dementia cafes launched
• Manual workers (Dunbrick Staff)
Work Progressed to date:

Dementia Cafes launched in:

• Edenbridge
• Westerham
• Hartley
• Sevenoaks town
• West Kingsdown
• Swanley
Work Progressed to date:

• Mapping existing dementia services
• Over 220 Council staff and Members trained as Dementia Friends;
• 30 frontline officers trained as Dementia Champions
• Carer’s Support Drop-in running at SDC offices (Carer’s First)
• Stakeholder Focus Group held – dementia suffers, workers and carers on what more SDC can do
• Launch of website www.dementiafriendlykent.org.uk
Future Work:

• Shop Safe ID System - launching March 2016
• SDC - Dementia Friendly Reception
• Dementia Event ‘Coping with Dementia - Wed 24 February, SDC Offices
• More Dementia Friend Training for staff, Members, partners, businesses, taxi drivers and community transport drivers.
• Actions progressed through Dementia Friendly Forums
• Dementia Friendly supported housing schemes
• GP & other Dementia Awareness Workshops/Events

A dementia friendly community is friendly for all!
Events & Campaigns
www.dementiafriendlykent.org.uk

West Kents Venture into Dementia
Venture into Dementia
Background

Dementia Networking Event
Feb 16th 2016
Longfield Academy
Main Road, Longfield
Presentations, Workshops and Networking

Let’s talk about dementia
Dementia affects more than 820,000 people in the UK and many of us may know someone who is affected by this life changing disease.

A Dementia Adventure
Wednesday 21st May 2014 10am-3pm
There are over 820,000 people living with dementia in the UK today, many of us may have a close friend or family member with dementia.
It is not a natural part of ageing, and does not only affect the elderly.

People affected by dementia have told us they want to...

- Pursue hobbies and interests and “go out” more.
- Find our way around and be safe. Use “normal places” and local facilities.
- Support others in their community by volunteering.
- Maintain our social networks so we feel we belong in the community.
- Use the life we had before diagnosis.