

SEVENOAKS DISTRICT HEALTH PREVENTION ANNUAL REPORT 2013/14

Committee – Health Liaison Board 1 October 2014

Report of Chief Officer Communities & Business

Status: For Consideration

Key Decision: No

Executive Summary: This report is the 2013/14 annual report for the health prevention programmes delivered by Sevenoaks District Council. This work is commissioned and funded by Kent County Council's Public Health Team as part of an annual Service Level Agreement.

This report supports the Key Aim of reducing health inequalities and improve health and wellbeing for all

Portfolio Holder Cllr. Hogarth

Contact Officer Hayley Brooks Ext. 7272

Recommendation to Health Liaison Board:

Members are asked to note the report

Reason for recommendation: The 2013/14 health prevention annual report summaries the programme achievements and outcomes which contribute to improving the health and wellbeing of residents and form part of the Sevenoaks District Health Inequalities Plan, 'Mind the Gap'.

Introduction and Background

- 1 For some years, this Council has been commissioned by public health to deliver a range of health prevention programmes as part of its holistic approach to community health and wellbeing. These programmes include weight management for families and adults, mental health awareness, postural stability for older people and NHS Health Checks.
- 2 These programmes are agreed in advance and funding of £130,741 is allocated on an annual basis from Kent County Council's Public Health Team (formerly NHS West Kent). This Council provides quarterly monitoring to Kent County Council to demonstrate outcomes and outputs relating to the participants of these projects.
- 3 The funding provided aims to make healthier choices easier, reduce health inequalities and improve the life expectancy of the population through targeted initiatives to improve health and wellbeing.

- 4 Members will recall the Sevenoaks District 'Mind the Gap' Health Inequalities Action Plan monitoring on 9 July 2014, these programmes form an integral part of this Action Plan as well as contributing to the Healthy Environment priority in the Community Plan.

2013/14 – Annual Report

- 5 Sevenoaks District Council is responsible for delivering and monitoring programmes. The monitoring data is reported to the Health Action Team partnership and Kent County Council quarterly.
- 6 This Council has a Service Level Agreement with Kent Public Health to deliver programmes to contribute to the following objectives:
- Deliver a virtual healthy living centre to local residents (promotion of healthy eating, exercise, sexual health, substance misuse and stop smoking);
 - Address weight management and obesity;
 - Deliver community development to promote community cohesion;
 - Raise awareness of mental health and wellbeing;
 - Deliver the NHS Health Check Programme.
- 7 During this year, this Council has delivered 733 sessions within the programme schedule with 11,245 attendances recorded at these sessions. These figures include weekly activity sessions such as yoga for over 50's, health walks, weight management sessions, mental health workshops including dementia friends and suicide awareness, and interventions ran by the Community Safety Partnership relating to domestic abuse and substance misuse.
- 8 The report at Appendix A provides further details regarding the project delivery and achievements, the contribution of these projects to the Health Inequalities Plan and provides case studies of personal achievements of participants.

Key Implications

Financial

- 9 Sevenoaks District Council receives £130,741 from Kent County Council in 2013/14 for the delivery of health prevention programmes. The same level of funding has been secured for 2014/15.

Legal Implications and Risk Assessment Statement.

- 10 There are no legal implications relating to this report

Risk	Mitigation
Funding withdrawn for Health Prevention Programmes in 2015/16 resulting in	Alternative external funding would be sourced to deliver some of the

interventions being significantly reduced or no longer running	interventions targeted at those of greatest need, depending upon external funding criteria's and availability
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Equality Impacts

Consideration of impacts under the Public Sector Equality Duty:		
Question	Answer	Explanation / Evidence
a. Does the decision being made or recommended through this paper have potential to disadvantage or discriminate against different groups in the community?	No	The Action Plan will have a positive impact in reducing health inequalities across the District.
b. Does the decision being made or recommended through this paper have the potential to promote equality of opportunity?	Yes	
c. What steps can be taken to mitigate, reduce, avoid or minimise the impacts identified above?		N/A

Conclusions

- 11 Members are asked to note the contents of the 2013/14 Health Prevention Annual Report at Appendix A.

Appendices

Appendix A – 2013/14 Health Prevention Annual Report

Background Papers:

Sevenoaks District Community Plan

Sevenoaks District 'Mind the Gap' Health Inequalities Action Plan – Members Portal

Lesley Bowles

Chief Officer – Communities & Business