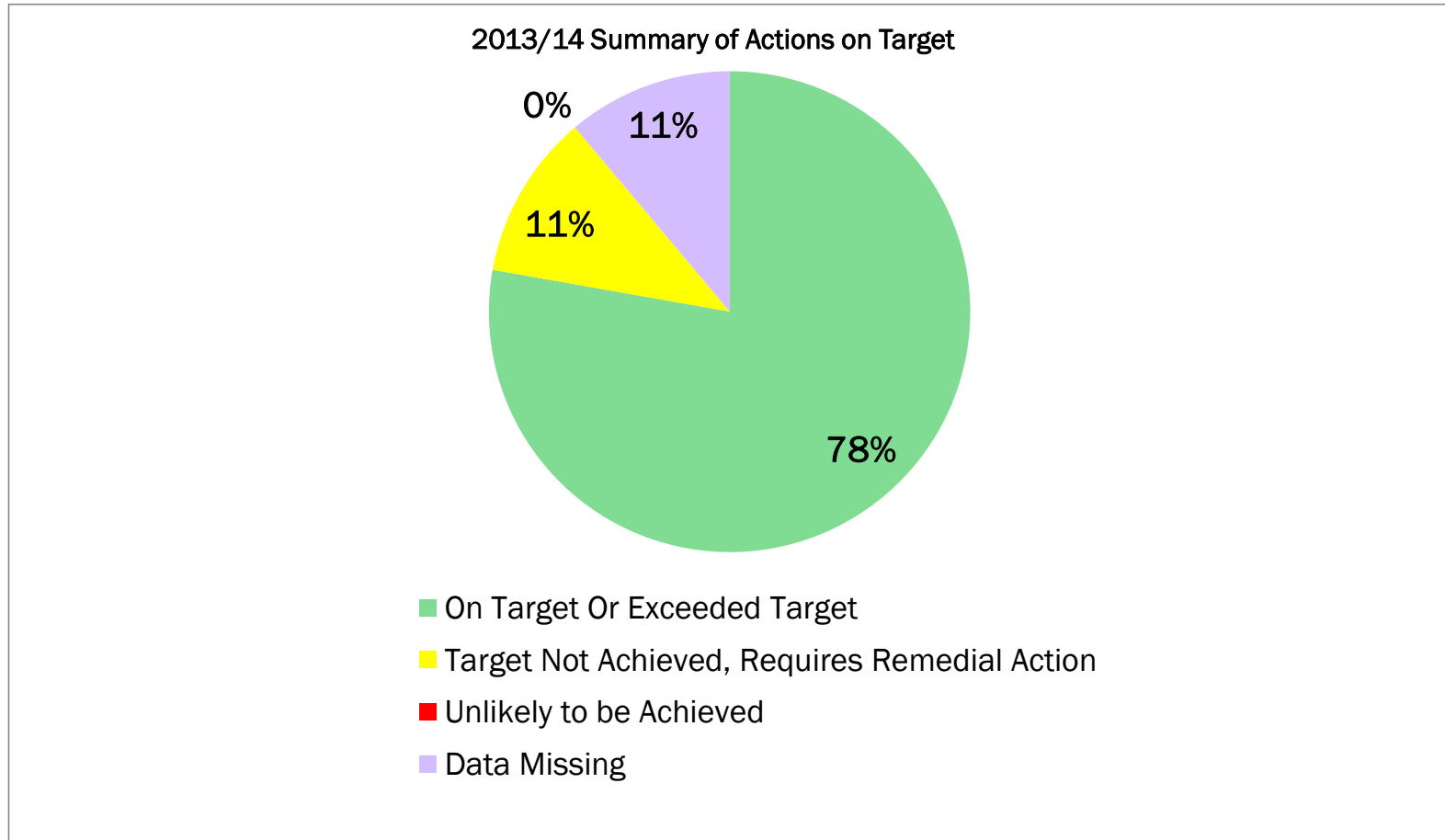


2013-2015 Sevenoaks District 'Mind the Gap' Action Plan

2013/14 End of Year Monitoring Summary



Ref. No.	Target	How is that measured?	Lead	12/13 Base	13/14 Target	13/14 Year Total	13/14 Year End Status	13/14 Year End Narrative
1.1.0 Increase Number of Healthy Births								
1.1.1	Run campaigns and deliver initiatives to promote good health in pregnancy and promotion Start 4 Life	No. of Children Registered with the Children's Centres in the District	KCC Childrens Centre	4900	5200	5341	Green	This target will be reviewed in 14/15 as it is already covered by the Community Plan
1.1.2	Ensure teenage parents receive holistic support	Number of Outreach Contraceptive and sexual health services	Teenage Pregnancy Local Implementation Group	10	10	10	Green	These services are continuing, although the West Kent delivery of Sexual Health services is currently being reviewed
1.1.3	Early identification of vulnerable parents smoking in pregnancy and work to reduce	No. of Expecting Parents using the Stop Smoking Scheme	KCHT	New for 13/14	2%	2%	Green	This is a new target for 13/14. Partnership work continues between SDC and the KCHT Stop Smoking Service
1.2.0 Encourage access to health services for all								
1.2.1	Improve access to GP services, pharmacies and to hospitals, particularly in rural areas	No. of Surgeries offering Out of Hours surgeries	CCGs	New for 13/14			Data Missing	These actions were identified as a priority within the Mind The Gap workshops. Work continues to be developed with Clinical Commissioning Groups (CCGs) and GPs in the District to monitor and develop these priorities
1.2.2	Making more localised - bring services out of traditional settings	No. of GP Surgeries offering clinics in alternative locations	CCGs	New for 13/14			Data Missing	
1.2.3	Provide support for disadvantaged and vulnerable groups to access health services	No. of people accessing new inclusive health initiatives	Community Futures, SDC Health Team	New for 13/14	20	22	Green	SDC Officers worked with 22 people from gypsy and traveller communities, encouraging them to access dental and other health care services.

Ref. No.	Target	How is that measured?	Lead	12/13 Base	13/14 Target	13/14 Year Total	13/14 Year End Status	13/14 Year End Narrative
1.3.0 Promote Healthy Weight for Children								
1.3.1	Support parents and children to maintain a healthy weight	No. attending Fun, Fit and Active	SDC Health Team	26	23	23	Green	23 families attended the Fun, Fit and Active Programme, learning about exercise and nutrition
1.3.1		Attendances at family exercise/healthy living courses/workshops	Kent Adult Education	150	160	175	Green	These programmes are for families and focus on healthy eating and exercise. The programmes have improved on their target by 16.7%
1.3.1		No. attending Junior Passport to Leisure Scheme	Swanley Town Council	650	460	635	Green	There were 635 attendances at the Junior Passport to Leisure Scheme, which is 165 more than the initial target
1.3.2	Increase interaction between parents and children including healthy lifestyles and active play	Attendances at Health Promotion Projects run with Childrens Centres by SDC	SDC Health Team	New for 13/14	12	14	Green	Sevenoaks District Council has worked closely with Children's Centres in the District to run the new children's healthy living programme in Edenbridge and Swanley, using their kitchens to tean families about healthy cooking and eating.
2.1.0 Improve educational attainment particularly at GCSE level								
2.1.1	Enable more young people to have their achievements recognised	No. of Young people attending HOUSE Projects	Sevenoaks Town Council, West Kent Extra	New for 13/14	5000	5944	Green	The HOUSE Projects continue to go from strength to strength, offering young people everything from sexual health services to creative outlets including a recording studio and drama.
2.1.2	Build in support and services within schools for vulnerable young people to engage	%age of Schools with Enhanced Health Schools Plans in Place	Children and Young People Wellbeing Team	0%	9%	9%	Green	All schools within the Sevenoaks District are officially Healthy Schools. Work is now being done with schools to achieve the Enhanced Status
2.1.3	Manage and support schools non-attendance and increase service activities	No. of Families in the second year cohort that show improvement in education	KCC	29	40	48	Green	The project has greatly exceeded its recruitment target, but has been delayed due to lower than expected levels of staffing.

Ref. No.	Target	How is that measured?	Lead	12/13 Base	13/14 Target	13/14 Year Total	13/14 Year End Status	13/14 Year End Narrative
2.2.0 Support older people to keep them safe, independent and leading fulfilling lives								
2.2.1	Provide access to healthy lifestyle interventions to enable older people to remain healthier and independent	No. of members registered with the Sevenoaks SDSAF	Sevenoaks District Seniors Action Forum	250	500	372	Yellow	The Sevenoaks District Seniors Action Forum set an aspirational target of having 500 members by April 2014. Whilst they have not achieved this, they have made excellent progress and this will continue in the new year.
2.2.1		No. of Chair Based Yoga Projects run by SDC	SDC Health Team	3	3	3	Green	SDC continues to offer 3 chair based yoga classes. These classes have exceeded their target for the third year running. The target for 13/14 was 2477 and there were 2560 attendances. Additionally SDC have secured funding to continue to develop their postural stability classes
2.2.1		No. of Health Walks delivered by SDC	SDC Health Team	8	8	8	Green	SDC currently run 8 health walks with over 110 walkers taking part each week. Work is being done with the Surrey Community Rail Partnership to start a new walk in Chiddingstone
2.2.1		No. Attending Prime Time Sessions	Sencio	New for 13/14	46024	44990	Yellow	This information is gathered as part of the contract with Sencio
2.2.1		No. Attending KAES 50+ Exercise Classes	Kent Adult Education	160	163	491	Green	
2.2.1		No. attending Senior Passport to Leisure Scheme	Swanley Town Council	1460	2,127	1915	Yellow	The Senior Passport to Leisure continues to grow, although it has been affected by staff turnover at the Swanley Town Council.
2.2.2		Partnership working to deliver and promote self help services	No. of People Accessing Home Library Services	KCC Libraries	195	195	195	Green
2.2.3	Increase referrals for home adaptations and falls prevention pathways to reduce the risk of falls	No. of people attending Yoga, Chair Based exercises and postural stability classes	SDC Health Team	1500	2477	2560	Green	See 2.2.1

Ref. No.	Target	How is that measured?	Lead	12/13 Base	13/14 Target	13/14 Year Total	13/14 Year End Status	13/14 Year End Narrative
2.2.4	Support older people and vulnerable people to remain in their own homes and live independently	No. of people accessing Care Navigator Service	West Kent Housing	New for 13/14			Data Missing	This information is expected to be ready for the Quarter 1 monitoring in 14/15
3.1.0 Improve chances of employment for people facing disadvantage								
3.1.1	Improve training, skills and education opportunities for employment for disadvantaged, vulnerable groups and people on benefits	No. of People Attending Career and Jobs Fair events	SDC	New to 13/14	250	300	Green	300 people have attended SDC Career and Jobs Fair Events this year
3.1.2	Support local charities and community groups to support adults with disabilities into work and training	No of people supported into work, training, or volunteering	Community Futures	New to 13/14			Data Missing	This data is awaited from Community Futures
3.1.3	Provide volunteering opportunities in Sevenoaks	Number of Volunteers living in the Sevenoaks District Registered	VAWK	280	600	297	Yellow	These targets have been affected by KCC Libraries restructuring their volunteers on offer. The previous year was also inflated by the volunteers at the 2012 Olympic and Paralympic Games
3.1.3		Number of Volunteer Opportunities living in the Sevenoaks District	VAWK	80	327	303	Yellow	
3.1.3		Number of Volunteers at the Stag Theatre	Stag Theatre	184	184		Data Missing	This information is awaited from the Stag Theatre
3.1.3		Number of Volunteers at Sevenoaks District Libraries	KCC Libraries	3000	3491	3776	Green	The number of Volunteers at KCC Libraries has increased for the second year running, this year exceeding its target by 285
3.1.3		Number of Sevenoaks Area Mind Volunteers	Sevenoaks Area MIND	80	88	111	Green	This target has been met and exceeded by 37.5%

Ref. No.	Target	How is that measured?	Lead	12/13 Base	13/14 Target	13/14 Year Total	13/14 Year End Status	13/14 Year End Narrative
4.1.0 Provide the right support at the right time including financial capacity support and inclusion								
4.1.1	Support people in accessing benefits and in the transition to the universal credit, and provide support and advice for families regarding benefits and employment	No. of Referrals in to the HERO Project	SDC Housing	43	80	82	Green	The HERO Project has seen 82 people this year, providing Housing, Home Energy, Retraining and Financial Advice
4.1.2	Interventions to assist older people to down-size to more affordable and suitable accommodation	No. of Cases handled by the Under Occupation Officer at West Kent Housing	SDC Housing	New for 13/14	30	31	Green	A new Under Occupation Officer has been recruited and will be working on these cases to improve this work in 14/15
4.1.3	Meet the needs of vulnerable and lower income households	Number of Families Accessing the Sevenoaks Food Bank Each Quarter	Sevenoaks Churches Together	New for 13/14	40	40	Green	The Sevenoaks Food Bank has a maximum capacity of 40 families per quarter. Partners on the Health Action Team have offered support and resources if the Food Bank would like to expand. This target will be expanded in 14/15 to include the Swanley Food Bank that has just opened.
4.2.0 Meet the housing needs of people living in the District include affordable and appropriate housing								
4.2.1	Carry out an Older Persons Housing Needs Assessment to better understand the needs of older people	No. of people consulted about the upcoming Strategic Housing Market Assessment (SHMA)	SDC Housing	New for 13/14	To be agreed	0	Green	The Strategic Housing Market Assessment is expected to begin December 14 and be finished March 15, consultations will begin nearer to this date.
4.2.2	Provide affordable housing to meet identified needs of vulnerable groups	No. of Affordable Units Delivered	SDC Housing	40	41	60	Green	Of the Affordable Units delivered 2 were wheelchair standard and 30 were to Lifetime Home Standard

Ref. No.	Target	How is that measured?	Lead	12/13 Base	13/14 Target	13/14 Year Total	13/14 Year End Status	13/14 Year End Narrative
4.2.3	Work with developers, landlords and owner occupiers to provide appropriate housing suitable for all demographics	No. of Disabled Facilities Grants (DFG) completed	SDC Housing	New for 13/14	New for 13/14	24	Green	The Housing Team at SDC have delivered 24 Disabled Facilities Grant in 13/14
5.1.0 Reduce Fuel Poverty by supporting development of warm homes								
5.1.1	Encourage vulnerable residents to participate in energy efficiency initiatives	No. of Energy Saving Packs Distributed	SDC Housing	New for 13/14	New for 13/14	500	Green	500 Energy Saving Packs have been distributed in 13/14
5.1.2	Ensure planning applications adhere to all government legislations	No. of Energy Efficiency Retrofits carried out	SDC Planning	New for 13/14	New for 13/14	69	Green	The Housing Team at SDC continue to deliver retrofits through the Kent and Medway Green Partnership Deal, and have been successful in a joint bid with Dartford Borough Council to deliver Green Deal incentives in parts of the District.
6.1.0 Improve access to screening								
6.1.1	Improve early diagnosis of dementia and provide services and activities to support sufferers and carers	Number of Health Checks Undertaken by SDC Health Team	SDC Health Team	97	200	217	Green	The SDC Healthy Living Team have achieved their target for the second year running, and as a result have had their contract extended into 14/15
6.1.2	Promote sensible drinking and ensure treatment and support services are accessible for all	Number of AUDIT-C's completed	SDC Health Team	173	330	359	Green	These assessments are carried out as part of the Health Check System and the Why Weight and Get Sorted Programme.
6.1.2		Number of AUDIT-C's that were follow ups	SDC Health Team	220	150	151	Green	
6.1.3	Increase access to sexual health and Chlamydia services for young people	No. of Pharmacies offering sexual health services	Teenage Pregnancy Local Implementation Group	10	10	10	Green	10 Pharmacies are offering Chlamydia screening services for young people. Training has been delivered to pharmacists and their staff by Kent Community Health Trust to continue to refresh the knowledge of sexual health services for young people.

Ref. No.	Target	How is that measured?	Lead	12/13 Base	13/14 Target	13/14 Year Total	13/14 Year End Status	13/14 Year End Narrative
6.2.0 Reduce the gap in health inequalities across the social gradient								
6.2.1	Reduce the prevalence of smoking, particularly in areas of deprivation	No. of referred people setting a 4 week quit date	KCHT Stop Smoking Team	1500	755	453	Yellow	The Quarter 4 figures are currently being calculated by the KCHT Stop Smoking Team and will be available in Q1 14/15. The number of Stop Smoking Service Referrals are normally low for this District, and that has been reflected in the reduction in target from 12/13.
6.2.1		No. of smokers who become 4 week quitters	KCHT Stop Smoking Team	Not Set at County Level	248	215	Green	The Quarter 4 figures are currently being calculated by the KCHT Stop Smoking Team and will be available in Q1 14/15. This target is Green because excellent progress has been made so far, and it is expected to fully achieve the 248 people required.
6.2.2	Reduce the prevalence of Type 2 diabetes through early detection and prevention	No. of People attending Why Weight and Get Sorted	SDC Health Team	1752	1100	1160	Green	The SDC Healthy Living Team have achieved this target for the fourth year running, and now has over a thousand people registered on the programme
6.2.3	Deliver activities to promote the benefits of increased physical activity and reduce obesity	No. of people attending SDC Health Walks	SDC Health Team	5000	4120	5913	Green	The number of attendances on SDC Health Walks exceeded the target of 4120 by 1793. The Hartley health Walk also celebrated its five year anniversary
6.2.3		Usage figures for Sencio Centres/Facilities	Sencio	912540	919290	988625	Green	This information is gathered as part of the contract with Sencio
6.2.3		No. of Attendances at KAES Exercise Classes (All ages)	Kent Adult Education	320	334	545	Green	The number of people accessing Kent Adult Education exercise classes their target of 334 by 211 or 63%
6.2.4	Deliver fitness inclusive and disability fitness	No. attending Sencio Disability Fitness sessions	Sencio	100	129	294	Green	This information is gathered as part of the contract with Sencio
6.2.4		No. attending dance and exercise classes at Mencap Hall	Mencap	15	11	16	Green	This project for 6 weeks in the summer for people with learning difficulties

Ref. No.	Target	How is that measured?	Lead	12/13 Base	13/14 Target	13/14 Year Total	13/14 Year End Status	13/14 Year End Narrative
6.2.4		No. attending MIND fitness activities including Gardening Project	Sevenoaks Area MIND	800	1000	1039	Green	Information for Quarter 4 is still awaited, although the target has already been achieved by Quarter 3.
6.3.0 Provide support for people with mental illness and raise awareness of mental health issues								
6.3.1	Support vulnerable people to manage long-term mental health conditions	No. attending Dementia cafes and other Dementia programmes	Alzheimer and Dementia Services, Alzheimer's Awareness	600	600		Data Missing	This information is currently awaited.
6.3.2	Raise awareness of mental health issues and signpost into relevant services	Attendances at Mental Health Awareness Workshops	Sevenoaks Area Mind	150	200	240	Green	These figures are collected from workshops and events run by Sevenoaks Area Mind
6.3.2		No. of Attendances at Up and Running	SDC Health Team	90	80	81	Green	The Up and Running Programme has had a good year, the highlight of which was a story on the front page of the Independent's website. Recruitment has proved difficult in spite of this.
6.3.2		No. attending MENCAP drama group	Mencap	15	11	13	Green	This project is for young people with learning difficulties