

HEALTH LIAISON BOARD  
03 December 2014 at 2.00 pm

At the above stated meeting the attached documents was presented for the following item:

5. Specialist support for alcohol and drug misuse - Presentation by Kenward Trust (Pages 1 - 12)

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# Kenward Trust

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## Kenward Trust projects and the Kenward Community Outreach Services

**John Shanley**

**2/12/14**

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# What do we do

- **The youth service works at tiers one and two**
- **Tier One:** is going in to Educational establishments, Schools, H,E and special needs education. Youth organisation projects like youth clubs and uniform clubs. Attending youth events and community events. This tier of work is to give **information and education**.
- **Tier Two:** Community outreach/detached work **targeted and intervention** work that focuses on young people using or experimenting with Drugs and Alcohol. We work in identified areas that may have issues of ASB due to drink and drugs. Our role is to profile the area identify the issue. Then form a strategy and work along side partners like youth and community, trading standards, Police and other youth work initiative. We form professional relationships with young people and engage at the level of understanding by assessing the level of knowledge to there age group. We do not do counselling but we do some mentoring or short intervention with small groups or individuals.

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# HOW?

- We use experiential learning that help the Y/P explore the environment around them to the possibilities that maybe causing issue in the community or family life. Where they can make an informed choice on the information and experiences they have been involved with
- Zone of proximal development (ZPD) this allows a scaffolding to be built around the Y/P or group from adult experienced or an expert that support the person or group in their cognitive thinking as the young person starts to learns and understand the scaffolding is taken down to the point the young person can move on without support.
- Participation and a andragogy style learning: young people help develop the intervention that we deliver in future work. By exploring ways that can help others and become part of the developing process of work delivered by KYS
- using a mixture of learning styles that caters for everyone having resources that are visual and interactive that engages the person or group

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## Where we work on outreach

- Parks
- Shopping parades/squares
- Public spaces
- Streets
- Any where youth gather to drink of take drugs

Times of working Depend on the group we are working with we aim to engage young people before the drinking starts times vary from 16:30 till 19:30 or 17:30 to 20:30

If we are working with an established group we have for a period of time we can be working with them from 16:30 till 21:00

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# How the Team is made up

- Project Manger
- Sessional workers made up from a diverse range of skills and experiences. Qualified youth workers, experienced drug and alcohol workers for schools work or outreach, youth offending workers, offenders who are giving back to the community.

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# Worked in Sevenoaks District

## Areas that we have worked in

- Do we make a difference in what we do?
- The teams are front line and first contact with a identified group?
- Areas where we have worked have shown improvement to that generation we have worked with **Greatness, Hillingdon** (IFY) information for youths that formed Kenward community outreach services (KCOS) in 2009/2010 {Young people were the inspiration of new resources}
- **Swanley** 2011 very large groups of ASB and underage drinking working in partnership with others partners this was reduces
- **Otford** 2008 ASB and drug and alcohol this group ended up making resources that could be given away {bookmarkers and smoking puzzles}
- Vine long history of underage drinking this has been reduced, other areas we have worked in Westerham, **West Kingsdown, Edenbridge, New Ahs Green and Hextable** all these areas have seen a generation over the years we have been funded reduce until a new generation come through.



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# Guilty party to underage drinking ADULTS

- Giving Alcohol to there Y/P
- Buying

## Small case study

One evening around 19:00 small group of 5 Y/P 3 female and 2 male age 14 to 16 who had on them 2 1lt bottles of vodka, 1 case of 24 cans Stella, and a 2lt bottle of cider rough estimate 133 units 26 units each in short space of time 4hrs when talking to this group it came to light that parents had given them the drink to take out. this is a common theme that comes out when we are engaging



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## Schools and youth events

- KCOS get involved with events like Safety in Action covers all primary Schools in West Kent. (Very impacting)
- Fetes, community events, youth projects and national events like alcohol and drug awareness week and Stop smoking week
- The team go into schools, colleges when invited and have done workshops on subject and project to help young people understand the issues alcohol and drugs can have.

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# Kip is a Intervention and Education Project

To help young people aged 13 to early 20s explore drugs and alcohol and the links with Crime, ASB and other consequences. This is proving to be a very good tool for identified groups, PRUs/ alternative curriculums, NEET projects and schools, this year we have had group from Swanley and Hextable. The programme is delivered at Kenward Trust rehabilitation site. We have taken young people and support workers views to develop what we deliver now at these sessions. Young people spend 4 to 5 hours with us and will meet and men going through treatment and offenders who volunteer at Kenward. They get a life story talk and game around a snooker table on cannabis and the law. Lunch with some of the residence and volunteer offenders. A prison talk and throughout the day we have the resources on show and help them explore the issues around drugs and alcohol

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# Parent and drug and alcohol training

- Deliver Parent Talks
- Training Professionals
- Support Health and Wellbeing Events

# Kenward Trust Projects Adult services

- Kenward House primary stage
- Kenward Barn Primary stage
- Naomi primary stage
- Malt House second stage
- Five final stage projects 2 Maidstone, 2 Gravesham, 1 Southborough
- Rest meet at the gate for exoffenders
- Social enterprise
- Outreach in other areas Tunbridge wells tonbrige and Maidstone